

# Pacific Wellness of Ventura

## ***What is Prolozone Therapy?***

Prolozone Therapy is an injection of PRP (Platelet Rich Plasma) + Ozone given into a joint or area of pain, inflammation, or injury. The PRP contains growth and healing factors that promote long-term healing. Other vitamins and growth stimulates are added to the injection.

The muscles, tendons, cartilage and ligaments can then regenerate and rebuild themselves in areas that have become weakened. Sometimes only one treatment is needed, sometimes 3 or more are needed. The healing continues for months. Sometimes surgery is needed; many times not.

## ***Injured Ligaments Cause Pain***

Ligaments, when injured, become weakened and often do not heal to their original state. When this happens either from excessive use or injury it puts a severe strain on the areas that the ligaments are supposed to be holding together. There is not enough oxygenation in these areas and this produces PAIN.

## ***How Does Prolozone Work?***

The PRP helps regeneration of injured tissues. The Ozone diffuses the PRP throughout the joint or painful area. The Ozone increases oxygenation and increases the blood supply and flow to the surrounding area and eliminates the pain. Then it stimulates the activity of fibroblasts and chondroblasts which synthesize the collagen and cartilage thereby stimulating more healing. As the healing progresses the injured tissues are strengthened and stabilized, removing the causes of pain.

## ***Why Use Ozone?***

Ozone has three Oxygen atoms. Immediately, after the injection, mitochondria are stimulated and fibroblastic and chondroblastic activity are enhanced by the high oxygenation activity. Also, any bacteria or viruses are instantly killed and pain is eliminated. The next day the area is sore, but usually by the second day the area is pain free.

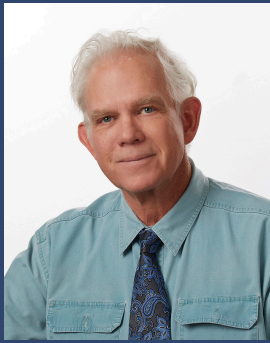
## ***What can I Expect from Prolozone?***

Everyone's response differs. Some people need only one treatment. Some people need two or three and occasionally some require six or seven. After the first one or two sessions the doctor can accurately estimate what to expect from future treatments. The treatment process is repeated every 1 to 2 weeks until maximum improvement is attained. Prolozone usually results in complete resolution of pain and symptoms permanently.

## ***What Conditions Can We Treat?***

We can treat joint pains: shoulder, hip, knee. Low back pains and iliolumbar ligaments responsible for inguinal, scrotal and hip pain; scar and scar-referred pain; Carpal Tunnel Syndrome; TMJ Syndrome; Plantar Fasciitis; Tennis Elbow and post-operative areas.

*For more information visit  
[www.PacificWellnessVentura.com](http://www.PacificWellnessVentura.com)*



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# Chronic Pain

Try Prolozone Therapy™

A safe, natural and often permanent treatment for low back pain, degenerated or herniated discs, sciatica rotator cuff tears and osteoarthritis of the hip or knee.

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